

ABSTRACT

CRYPTORCHID TESTICULAR TORSION IN ADULTHOOD

ASHOK KUMAR RAVINDARAN<sup>1</sup>, NUR AMEERA BINTI MOHD NADZRIN<sup>2</sup>, HARNAVINDEEP  
SINGH MANN<sup>3</sup>, KHASNIZAL BIN ABDUL KARIM<sup>3</sup>

GENERAL SURGERY DEPARTMENT, HOSPITAL TELUK INTAN, PERAK, MALAYSIA

Torsion of undescended testis in the inguinal canal is a rare phenomenon, representing a surgical emergency and must be dealt promptly. This is a case of a 40 years old man with progressive left inguinal pain for 4 days with an empty right hemiscrotum related to torsion of cryptorchid testis. We highlight the ability of managing this challenging urosurgical emergency in a district hospital setting, limited to general surgery service. The incidence and relative risk of torsion in undescended testis is still unknown. Some studies have shown that torsion is more common with an undescended testes as compared with a completely descended testis. Despite being more frequent, the literature of torsion of undescended testis is mostly limited to case reports. Besides testicular torsion, a delay in diagnosis of an undescended testis may lead to adverse implications in fertility, malignancy risk and psychosocial distress.